



May June 2008

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MASSAGE

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www.dbrownmassage.com.au

Mother's Day Special

How special is your mother? Spoil her this year with a lovely 1 hour or 2 hour massage in my Bali Hut.

My authentic Bali Hut is set in relaxing tropical gardens and is very relaxing. Your mother will enjoy the sound of running water and bamboo chimes whilst being massaged with coconut oil and be calmed by the smell of incense.

To complete the experience she will relax in my garden with a pot of green tea and fruit platter after her massage.

(You may request my regular massaging oil and incense not to be burned)

Gift Vouchers are available and can be purchased in person, over the phone or through my online store.

Mother's Day Prices:

1 hour \$60

2 hour \$110



ANMF Finch Therapy

I have been using ANMF Finch Therapy on many clients in the past few months with some great success stories.

What I have been finding is that the tension in their muscles will reduce dramatically by the next week and you can have reduced pain in some cases instantly.

ANMF Finch Therapy engages rapid changes to abnormal joint function (including spine), nerve mobility, and muscle length/strength restoring optimal function. Pain is decreased quickly with long lasting results. This method of treatment is fast acting, easy to apply, drug and pain free.

ANMF Finch Therapy revolves around the contractions of 7 muscle groups which have not been activating and which have a domino effect on joints and other muscular structures in the body when dysfunctional, creating abnormal postural alignment, increased joint load, nerve and muscular pain.

During a 1 hour session I will test your body alignment, treat you with the Muscle Activation Techniques required which are very easy (this takes approx. 30 mins) then I finish off the remaining part of the hour with massage.

So if you are suffering unnecessary pain, book in for an appointment today!

Normal hourly prices apply.

Mental Health Issues

Most of us know someone affected by mental illness which can be depression, anxiety, postnatal depression, bipolar and other illnesses.

To increase awareness and help others I have made a folder of fact sheets relating to these illnesses. The fact sheets are designed to help people identify signs, help themselves and others and to assist with getting help.

All the material has been supplied by **Beyond Blue** which is funded by Australian Governments.

Please feel free to take any of the fact sheets from the folder. The folder is situated with the magazines in the waiting area outside my room.

For more information go to:

<http://www.beyondblue.org.au/index.aspx?>

Pine Rivers Business Achievers Awards 2008

Thank you to those of you who have nominated me for the Business Awards 2008, I am very honoured.

For more information go to:

<http://www.questawards.com.au/region1.html>

Public Holiday

I will be closed for Labour Day on the 5th May and the Queen's Birthday on the 9th June.

Clinic Hours

Monday 9am – 8pm
Tuesday 9am – 5pm
Wednesday 9am – 8pm
Thursday 9am – 8pm
Friday 9am – 4pm

Clinic Prices

Massage

(remedial, relaxation, lymphatic drainage, deep tissue, sports)

| | |
|--------------|----------|
| ½ hr Massage | \$33.00 |
| 1 hr Massage | \$55.00 |
| 2hr Massage | \$110.00 |

Concessions Rates

(Over 60's/Veterans/School Children)

| | |
|--------------|---------|
| ½ hr Massage | \$31.50 |
| 1 hr Massage | \$49.50 |
| 2 hr Massage | \$99.00 |

Bali Hut Massages

(Including green tea and fruit in the garden)

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|--------------|----------|
| 1 hr massage | \$65.00 |
| 2 hr massage | \$125.00 |

Other Services

Ear candling accompanied by massage – extra \$15.00

Ear candling without massage \$31.50

Massage specials

Weekly 1 hour massage \$45.00

Weekly 2 hour massage \$90.00

To be prearranged.

Conditions apply: If two appointments are missed, discount will no longer be valid, full prices will apply.

Massage Packs

Massage 1 hour 5 pack \$245 (save \$30)

Massage 1 hour 10 pack \$490 (save \$60)

Cancellation Fee

Less than 2 hours notice or no notice for cancellations

Charged at next massage \$25.00